

# The Sisterhood Manifesto

The Sisterhood Manifesto is for women who want to build a community to serve and empower each other. By giving each other a voice to speak their truth and live in their greatness, they pay it forward and serve others with their gifts and talents.

## **I pledge to:**

- ◆ Love and share with others.
- ◆ Be open to being vulnerable.
- ◆ Have genuine friends, not just associates.
- ◆ Allow myself and others to be authentically ourselves.
- ◆ Build my mastermind circle and put dates in the calendar to meet regularly.
- ◆ Prioritise meeting a good supportive network.
- ◆ Attend events to meet other like-minded women.
- ◆ Enjoy the journey.
- ◆ Nurture others through the journey.
- ◆ Check my jealousy at the door.
- ◆ Be competitive with myself and collaborative with others.
- ◆ Be a Go-giver and serve.
- ◆ Be empathetic to others' needs.
- ◆ Share my sunshine and remember no-one has the right to take my sunshine away.
- ◆ Set goals and hold myself accountable to achieving them.
- ◆ Celebrate my own and others' victories and successes.
- ◆ Ask for help and understand it's a sign of strength – it empowers others to ask for help too.
- ◆ Understand and accept that not everyone I connect is meant to stay in my life forever – people may stay in my life for a reason, a season or lifetime.

## **REMEMBER:**

***Go by yourself, you'll go fast, go with your **sisters** and you'll go far***